



## Group Triple P

# Triple P: 'Positive Parenting Programme'

Triple P is a group programme working with parents from all communities, who have children between the ages of 9 to 16 years.

### Triple P can support you to:

- Create stable, supportive, harmonious family environment
- Teach your children the skills they need to get along with others
- Deal positively, consistently and decisively with problems behaviour should it arise
- Encourage behaviour you like
- Develop realistic expectations of your children and yourself
- Take care of yourself as a parent

### Programme Details:

**Dates:** Monday 12<sup>th</sup> September – Monday 17<sup>th</sup> October 2016 for 6 group sessions and 3 phone call sessions (dates to be arranged in the group)

**Facilitators:** Luke Curham and Katie Silvester

**Venue:** Cedars Children's Centre  
Whittlesea Road,  
Harrow weald, HA3 6LS  
Buses: H18 & H14

**Time:** 10.00 am to 12.00pm

### Referral & Information:

To make a referral please complete the attached referral form and send to [karen.rose@harrow.gov.uk](mailto:karen.rose@harrow.gov.uk)

**Closing Date for referrals: Friday 11<sup>th</sup> September 2016**

For further information or to discuss the programme please contact the Early Intervention Service:  
Karen Rose on 0208 736 6038