

UK SAYS NO MORE

TOGETHER WE CAN END DOMESTIC VIOLENCE & SEXUAL ASSAULT

What are the goals of UK SAYS NO MORE?

The goals of UK SAYS NO MORE are to raise awareness of the issues of domestic violence and sexual assault, eradicating stigma and shame, starting conversations and engaging bystanders. By doing so our goal is ultimately to put an end to domestic violence and sexual assault.

How can I get involved in the UK SAYS NO MORE campaign?

*You can get involved in the campaign in a number of ways. You can take the **UK SAYS NO MORE Pledge** which indicates your support to the campaign and receive regular updates. We also invite you to connect with us on social media, where we post daily campaign updates, news and information.*

You can find UK SAYS NO MORE on the following social media platforms:

- **FACEBOOK** (UKSAYSNOMORE)
- **TWITTER** (@UKSAYSNOMORE)
- **INSTAGRAM** (@UKSAYSNOMORE)

Who is Hestia?

***Hestia** is a London-based charity working with vulnerable adults and children in crisis to bring out positive change at times when they need it most. Hestia is the largest provider of domestic abuse refuges in London, and has proudly partnered with NO MORE to launch the UK SAYS NO MORE campaign nationwide. You can find out more details about Hestia on our **About Hestia** page.*

Where can I download the UK SAYS NO MORE logo and posters?

All the resources you need to support the UK SAYS NO MORE campaign are available by downloading the **Take Action Toolkit**.

Where can I order the UK SAYS NO MORE merchandise?

You can now **get the UK SAYS NO MORE pin** on the Hestia website. Simply complete the donation form at the bottom of the page, and your pin will be sent to you in the post! More to come soon to stay tuned!

How can I donate money to UK SAYS NO MORE?

You can donate to our **nonprofit partners**.

What does the NO MORE symbol represent?

Far more than just a blue circle, the Vanishing Point is a powerful and positive icon that visually encapsulates the UK SAYS NO MORE campaign.

- Its infinite and all-encompassing circular form represents the global community working together without boundaries
- It's a safe place where we all converge to lend support to those affected
- It's a light at the end of the tunnel, providing a view into a future free of domestic violence and sexual assault
- It's a definitive end, akin to punctuation closing a sentence.

Read more about the meaning behind the NO MORE symbol, and where you can **get your own pin**.

How can I partner with UK SAYS NO MORE?

Thank you for your interest in becoming a partner of UK SAYS NO MORE! If you are an organisation or group interested in partnering with UK SAYS NO MORE, please find out how to get in touch with us on our **Partners page** and **Corporate Partners page**.

In the meantime, we encourage you to support the campaign by using the tools in the **Take Action Toolkit**, where you can download the UK SAYS NO MORE logos and the UK SAYS NO MORE Excuses poster.

Find out more about **UK SAYS NO MORE**, **Hestia**, and our first "No More Excuses" **PSA video**.