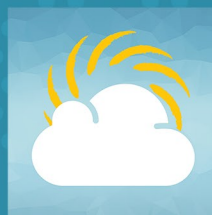


DOMESTIC ABUSE CAN AFFECT ANYONE

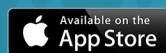
During COVID-19: Refuges and domestic abuse services are still open and are ready to offer support.



If you are experiencing domestic abuse, and it is safe to do so, download the free mobile app **Bright Sky** for support and information at hestia.org/brightsky



Bright Sky



TOGETHER WE CAN END DOMESTIC ABUSE & SEXUAL VIOLENCE



Vodafone Foundation



This is a Safe Space.

If you are experiencing domestic abuse, you are not alone.

Support is available.

If you are in immediate danger dial 999

Call the National Domestic Abuse Helpline

(Freephone, 24/7) 0808 2000 247

Call the Men's Advice Line 0808 801 0327

Download the free Bright Sky app to

find your local specialist domestic abuse service.

TOGETHER WE CAN END DOMESTIC ABUSE & SEXUAL VIOLENCE