KEY FACTS: Sexual Violence

1 in 2 rapes against women are carried out by their partner or ex-partner

Nearly 1 in 10 women have experienced rape by an intimate partner in their lifetime.

5 in 6 women who are raped don’t report – and the same is true for 4 in 5 men.

Rape is about power and control and is not motivated by sexual gratification.

5 in 6 rapes against women are carried out by someone they know

1 in 4 women have been raped or sexually assaulted as an adult

Many survivors experience tonic immobility, often known as a ‘freeze’ response during an assault where they physically cannot move or speak.

No one is ever to blame for being raped or sexually assaulted – it doesn’t matter what the circumstances were. Raping or sexually assaulting someone is always a crime and 100% of the blame, shame and responsibility for that crime lies with the perpetrator or perpetrators.

Women and girls have the right to wear whatever they want and behave however they want without being raped or sexually assaulted. As does everyone. There is never any excuse for rape or sexual assault.

At any point consent can be withdrawn, even during sexual intercourse.

Additional information available at www.uksaysnomore.org
KEY FACTS: Domestic Abuse

1 in 3 women and 1 in 7 men will experience domestic abuse in their lifetime.

Domestic abuse is not just physical violence. It can include controlling and coercive behaviour, emotional abuse, financial abuse, sexual abuse, gaslighting, 'honour'-based violence, FGM and stalking.

There are now more than 7,000 physical Safe Spaces in pharmacies and banks across the UK.

The Crime Survey for England and Wales (CSEW) estimated that 5.0% of adults (6.9% women and 3.0% men) aged 16 years and over experienced domestic abuse in the year ending March 2022; this equates to an estimated 2.4 million adults (1.7 million women and 699,000 men).

The National Domestic Abuse Helpline delivered 50,791 support sessions through phone call or live chat in the year ending March 2022, a similar number to the previous year.

Two women a week are killed by a current or former partner in England and Wales alone.

Since its launch in September 2020, 'Online Safe Spaces' has been used on average once every 34 seconds. Over 1.5 million people have used online safe spaces.

Anyone can experience domestic abuse, regardless of age, gender identity, race, sexual orientation, religion, class or occupation.

Almost 1 million children experience domestic abuse in the UK every year.

Additional information available at www.uksaysnomore.org